

DDMS (AMS) P. OBUL REDDY PUBLIC SCHOOL
SPORTS CLUB (Kabaddi) 2019-20
TERM –I NEWS LETTER

CLASSES: VI,VII & VIII

Kabaddi is the sport of Indian origin played by teams of seven on a circular sand court. The players attempt to tag or capture opponents and must hold their breath while running, repeating the word '**kabaddi**' to show that they are doing so.

June	Updating the students about the rules and regulations of Kabaddi game.
July	Orienting students about the importance of cant. (“A cant must be started and continued within one and the same respiration”.)
August	Taught the techniques of Defence and Offence skills.
September	Divided the students into teams and conducted a friendly match





Ms. K. Annapurna

Kabaddi Club In-Charge Teacher