

## Field trip to National Institute of Nutrition

Classes XI & XII (science stream)

Science sections of Classes XI and XII of DDMS P OBULREDDY PUBLIC SCHOOL visited to NIN on the 7th and 8<sup>th</sup> of July, 2019 to grow their awareness about nutrition

The trip commenced from at 9:00 AM and reached the campus in an hour. On reaching the



venue they were directly taken to the exhibit hall where models, charts, pictures of different foods and their nutrients, related diseases, institute history and nutrition related articles were displayed. Thereafter, students were taken to conference hall for a seminar. Students had 25- 30 mins video shown in which the motto, various departments, their history, a deep anatomy about the whole institute was explained. Next a scientist working in NIN, Anil Dubey shared his thoughts about present conditions and

responsibilities of each one in the department when it comes to nutrition. The students had an interactive session with him in which he inspired the students both academically and philosophically. He gave a very good brief about India's present dietary conditions and requirements mentioned by WHO. Mr. Dubey inspired the students to take initiatives to participate in awareness movements. He also encouraged students to take up research as career choice.



The session was an enlightening experience for the students