

SEMINAR: CLINICAL NUTRITION -AS A SUBJECT, ITS IMPORTANCE AND CAREER OPTIONS

DATE: 28 April 2021

CHIEF SPEAKER: Dr.P.Janaki Srinath (Dietitian and HOD ,College of Home science (Food and Nutrition Dept. A PhD (Biochemistry) from Osmania University, she is also a gold medallist and recipient of UGC Research Fellowships.She has worked in various roles such as **Senior Nutrition Consultant** and Head of Department of Nutrition at Fernandez Hospitals, **Consultant Nutritionist for Asian Institute of Gastroenterology**, Infertility Institute and Research Centre and Heritage Hospitals.

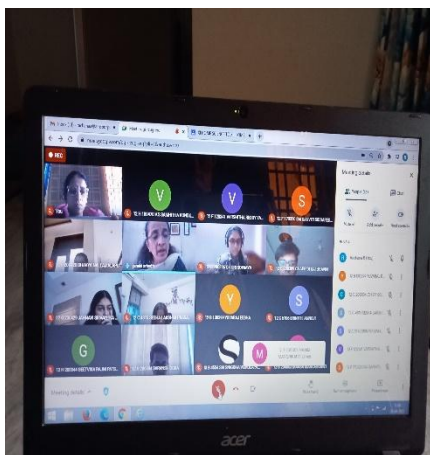
She has contributed **columns for The Hindu, Times of India and Eenadu** and is currently a **regular columnist in "Vasundhara"Eenadu**. She has also participated in several television shows on nutrition and health since 2004. Has **several videos** on contemporary nutrition in India's most popular **Youtube channel Teluguone** with more than two million views.She is **Guest Faculty for reputed institutions like Administrative Staff College of India, Dr. Marri Channa Reddy Human Resource Development Institute of Telangana, National Police Academy** .She has also been **Member of the Editorial boards of Journal of Indian Dietetic Association and the Journal of Obesity and Metabolic Research**.

The **Webinar was conducted for class XII Home Science students** to make them aware about **diet plans**, how are they made and what **considerations need to be kept in mind** while preparing diet plans for any age group.The seminar also emphasized on looking into the **RDA and the specific nutrients need to be considered in one's diet**.

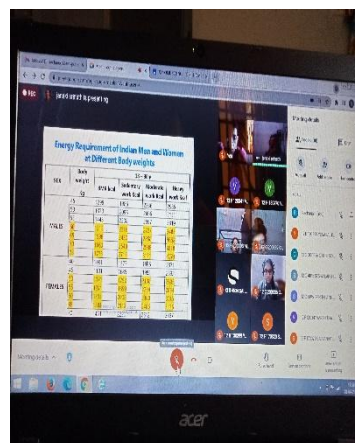
The students became completely aware about **the difference between the role of a Nutritionist and Dietitian and their job profile**.At the same time, they had a clear picture on the **career they can choose** , what all **courses need to be completed**, and the **package offered**.

This webinar was an eye opener to the students about sharing her **work experience as a Dietitian**.

It was an interesting session over all.



Live discussion



Energy Requirements

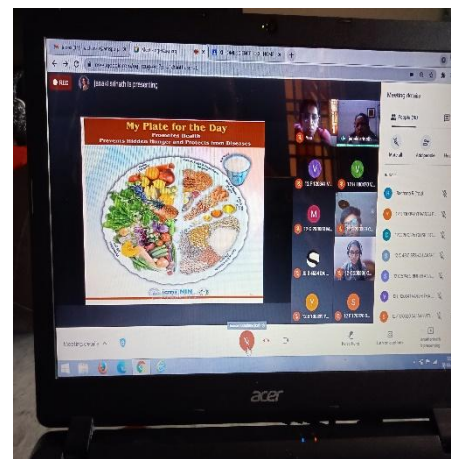


PLATE OF THE DAY



Protein Functions in our body