

DDMS P. OBUL REDDY PUBLIC SCHOOL

PHYSICAL EDUCATION DEPARTMENT

SPORTS AND GAMES SUMMER CAMP-2024

- **Physical Education Department of DDMS AMS P. OBUL REDDY PUBLIC SCHOOL, successfully conducted Sports Summer Camp within the school premises from 29th April to 24th May, 2024.**

- **In the summer camp, we conducted games like, Basketball and Football, for more than 40 students who took part in these games. In the summer camp, apart from teaching them basic skills of the game, students were also enlightened about General Warming up, Specific warming up, Limbering down and other recreational games.**

- **Students enthusiastically and actively participated in the games and were extremely punctual during the camp.**

- **Benefits of Summer Sports camp:**
 - a) **Develops Leadership Qualities**
 - b) **Team Spirit**
 - c) **Co-operation and Co-ordination**
 - d) **It helps in physical and mental development**
 - e) **Improves self-confidence**

The department extends its heartfelt gratitude towards the School Management, Principal, Ms. K.Vinitha, Vice-Principal(Senior-Secondary) Ms.B.Vijayalakshmi, Vice-Principal(Secondary) Ms.B.Nagaveena, and the parents for making this Summer Camp, a successful one.

From:

Dr. S.Srinivasa Rao

(HOD PHYSICAL EDUCATION DEPARTMENT)

