

I AM ME

The session titled "I am Me!" for Grade IV students, was conducted on 16th and 17th June 2025, Monday and Tuesday, at the High School Auditorium by the Department of Psychology. The session aimed to help students identify their unique qualities, build positive self-esteem, understand the meaning of empathy through puppetry, story time, and simple activities, encouraging them to recognise feelings and show kindness in everyday life.

