

REPORT ON EYE CARE WORKSHOP BY CENTRE FOR SIGHT

Date: 30th July 2025 | Venue: High School Auditorium

On 30th July 2025, a highly informative workshop was conducted by the **Centre for Sight-Eye Hospital** in the **High School Auditorium** to raise awareness among teachers about common eye issues faced by students. The session was led by experienced eye care specialists, **Dr. Mohan** and **Dr. Ashwin**, who shared valuable insights on the early signs, causes, and precautions related to student eye health.

The objective was to help teachers identify symptoms of vision problems such as **myopia**, headaches, eye strain, difficulty seeing the board, and poor concentration in class. The resource persons stressed the importance of **early detection** and the teacher's role in observing visual discomfort in students.

Practical suggestions like encouraging regular eye breaks, seating arrangements, and timely referrals were discussed. The workshop ended with an interactive Q&A session and the **distribution of goodie bags** by the doctors. Teachers found the session both enlightening and practical for daily classroom application.

