

HEALTH AND HYGIENE ONLINE SESSION

A Health and Hygiene Online Session, via Google Meet was conducted on 3rd December 2025, for students by Global Hunt Foundation in collaboration with Unicharm India, with separate sessions arranged for girls and boys. The girl's session, held in the High School Auditorium, was led by Mrs. Fathima Afreena, who addressed menstruation, personal hygiene, biological changes, and the importance of understanding one's body with confidence and clarity. The boys session, conducted in the Primary Block Computer Lab by Mrs. Nitya Chaudhary, focused on puberty-related physical and emotional changes, hygiene practices, and building responsible habits during adolescence. Both sessions aimed to break myths, promote awareness, and encourage healthy, respectful attitudes toward growing up, leaving students better informed and more comfortable discussing these essential aspects of their well-being.

