

WORLD HEALTH DAY CELEBRATIONS – PRIMARY WING



The Primary Wing of AMS P. Obul Reddy Public School observed World Health Day on 7th April 2026 with great enthusiasm and purpose. The celebration was organised to foster awareness among students about the importance of maintaining good health and adopting healthy lifestyle practices from an early age.

This year's theme, "Together for Health," highlighted the collective responsibility of individuals and communities in promoting physical, mental, and emotional well-being.



Students participated enthusiastically in a variety of engaging activities designed to reinforce the significance of healthy living. They brought nutritious snacks such as sprouts, fresh fruits, and other wholesome food items, learning about their nutritional benefits and the role they play in maintaining good health. Demonstrations on proper handwashing techniques underscored the importance

of personal hygiene and disease prevention. Students also showcased their understanding of health and wellness through informative charts, creative posters, and eloquent speeches that conveyed the value of healthy habits.



The celebration provided a meaningful platform for students to explore the principles of well-being through experiential learning. Activities such as yoga, healthy tiffin displays, and hygiene demonstrations encouraged students to make informed choices about nutrition, fitness, and cleanliness.



The event concluded on an inspiring note, leaving students with a deeper appreciation of the importance of a healthy lifestyle. It reinforced the timeless message that "Health is Wealth" and motivated every child to embrace habits that contribute to a happier, healthier, and more fulfilling life.



