

CLASS UKG

BLOCK COMMENTARY - WEEK NO. 13

BLOCK – 4: Clean and Healthy Me (Recap) Date: 18th July 2022 – 22nd July 2022

From the Desk of UKG Teachers

In this block, students will learn clean and healthy habits that help us to stay fit.

Students will learn about:

- **Science Time:** Ways to take care of one's health and hygiene and develop a clean, healthy and active lifestyle.
- **Maths Time:** Compare two groups of things. They will also learn to write 'Before, Between, After' Numbers 1 - 20 in their Note books.
- **English Time:** The letters and sounds of Jj, Zz, Vv, Ww, Yy, Xx, Qq and recall characters, location and sequence in a story.
- **Life Skills:** Lesson – Pocso does not like his cheeks pinched.

In this block, students will discuss the importance of sleep, exercise and a healthy diet during **Circle Time**. In **Play Time**, they will play a new running game with cones and play the game 'Simon Says'. For **Art Time**, they will do matchstick activity and also crayoning in their Art Book.



At home, students could be encouraged to follow healthy habits and identify the characters, setting and events of a story.

Events:

20th July 2022 : HEALTH AND HYGIENE (SPECIAL ASSEMBLY)

NOTE : **ENGLISH RECITATION COMPETITION** :

PRELIMINARY ROUND - 18th JULY'22
FINAL ROUND - 22nd JULY'22

Class Teachers:

UKG - A - Ms. N. Aruna
UKG - B - Ms. Shamina Ramesh
UKG - C - Ms. S. Anupama
UKG - D - Ms. Ch. Aruna
UKG - E - Ms. Aarthi
Co -Teachers:
Ms. K. Bhagyasri, Ms. Radhika

