

CAPACITY BUILDING PROGRAMME ON YOGA

A workshop on Yoga was conducted by the CBSE on 19th and 20th August, 2019 at Morarji Desai National Institute of Yoga, New Delhi on various initiatives of the CBSE headed by Dr. Indu Sharma, Dr.Lakshmi Kandan and Mr. Rahul Singh. The workshop mainly focused on the importance of Yoga in Schools at Secondary Level as sixth additional subject along with the existing five compulsory subjects.

Our Physical Education Teacher & Yoga Instructor, Mr. B.Lokeswara Rao attended the session for promoting the importance of Skill Education in Yoga. He received a certificate from Ms.Moushmi Sarkar, Assistant Secretary, Department of Skill Education, CBSE.

