

DDMS(AMS) P.OBUL REDDY PUBLIC SCHOOL

EXPLORING HAPPINESS WEBINAR REPORT

RESOURCE PERSON- MS.SHABARI

DATE: TUESDAY MAY 18th 2021

PARTICIPANTS- PRE-PRIMARY TEACHERS

The session was conducted by Ms. Shabari for teachers, it was about understanding emotional intelligence, to understand the reasons about the misbehavior in children and to bring the social awareness in children.

There are five key elements for the emotional intelligence they are self-awareness, self-regulation, motivation, empathy, and social skills. This will help the children, teacher and parents to influence, communicate, respond to feelings, building bonds and team spirit.

A teacher can identify the reason for a student's misbehavior, maintain a record of the same and discuss with the previous teachers to find out of it such behavior and create an emotional bond with students. A happy classroom can only be created by a happy teacher. Our aim is to give them holistic education and inscribe in their minds that success is more than grades and test scores.

