

Workshop Report: "Communication in Daily Life"

Date: 5th June 2025

Venue: Main Building Auditorium

Speaker: Mr. Guru Nadkarni, Founder of Parenting Plus, Motivator, Parenting Coach and Trainer.

On 5th June 2025, Main School Auditorium hosted an insightful workshop titled "Communication in Daily Life," led by Mr. Guru Nadkarni, the esteemed founder of Parenting Plus. As a renowned motivator and parenting coach, Mr. Nadkarni's session aimed to enhance participants' understanding of effective communication strategies in everyday interactions.

Mr. Nadkarni emphasized the significance of both verbal and non-verbal cues in daily conversations. He illustrated how tone, body language, and active listening play pivotal roles in conveying messages accurately.

Participants were introduced to various techniques like reflective listening, open-ended questioning, and the importance of empathy. These tools are designed to foster better understanding and stronger connections in personal and professional relationships.

The workshop included role-playing exercises and group discussions, allowing attendees to practice and refine their communication skills in real-time scenarios.

Mr. Guru Nadkarni's workshop provided valuable insights into the art of communication, equipping participants with practical tools to enhance their daily interactions. The session was well-received, with attendees expressing appreciation for the actionable strategies shared. The event underscored the importance of effective communication in building stronger relationships and fostering understanding in various aspects of life.

