

Training Programme: Capacity Building Program on Active Learning

Conducted by: Central Board of Secondary Education (CBSE)

Venue: CMR International School, Bowenpally, Secunderabad

Date: 19 September 2026

Resource Persons: Ms. Annie Albino and Mr. G. Venu Gopal

Teachers Attended: Ms. Sumana (Pre-Primary) and Ms. Gowri Varaprada (Primary)



The facilitators Ms. Annie Albino and Mr. G. Venu Gopal, provided valuable insights into active learning as an effective pedagogical approach. The training focused on understanding active learning as a pedagogical approach, its importance in making the teaching-learning process more engaging, and various strategies for promoting active participation among students.

The training focused on understanding what active learning is, its importance, and various strategies for promoting active participation among learners. Strategies such as brainstorming, questioning, Think-Pair-Share, group discussions, collaborative

learning, role play and experiential learning were discussed. Different handouts and activities were also provided to help participants identify whether classroom practices involved active or passive learning. The session further addressed the challenges in implementing active learning and ways to overcome them.

An important aspect of the training was understanding the neuroscience of learning, including the concept of neuroplasticity and how the brain develops and adapts through learning and experiences. The programme also emphasised the significance of 21st-century skills, such as critical thinking, creativity, communication, collaboration, problem-solving, digital literacy and social-emotional skills, which go beyond rote learning

and memorisation.

The knowledge gained from the training can be effectively applied in the classroom by creating student-centred, interactive and meaningful learning experiences. Activity-based tasks, open-ended questions, hands-on activities, discussions and collaborative learning can be incorporated to encourage students to think, participate, communicate and apply their learning. The training emphasised proper lesson planning, with teachers preparing suitable active learning strategies and three to four questions before and after the lesson to assess and reinforce learning. Overall, the



training was enriching and provided practical strategies to make classroom teaching more engaging, effective and learner-centred.

